

*July to
December
2025*



ASHBURTON
COMMUNITY
CENTRE



*Mid-term
enrolments
welcome*

*Free trials
available*



*What's on at the
Ashburton Community Centre*

Courses, Activities & Events

KEY DATES

- 4 Jul** Term 2 Ends
- 5 Jul** Ashburton-a-Fair
- 19 Jul** Bookfest Ashburton
- 21 Jul** Term 3 starts
- 6 Aug** Global Film Night
- 3 Sep** Global Film Night
- 19 Sep** Term 3 ends
- 20 Sep** Ashburton-a-Fair
- 1 Oct** Global Film Night
- 6 Oct** Term 4 starts
- 5 Nov** Global Film Night
- 3 Dec** Global Film Night
- 6 Dec** Ashburton-a-Fair
- 19 Dec** Term 4 ends
- Office closed for break

Acrylic Art for All Abilities

Learn more about materials, mediums, textures and colour, from artist and teacher Lorraine Kelly in a relaxed and inclusive environment. All students are encouraged in this supportive environment to recognise their own talents and abilities.

Mondays 10.30am - 12.30pm
8 classes, \$243, starting Jul 28
10 classes, \$304, starting Oct 6

Advanced Watercolour Painting

A variety of interesting and exciting watercolour techniques are explored in this class. All class members are encouraged to develop their own individual style and approach to this lovely medium. Develop your painting skills in a friendly atmosphere - we have lots of fun. Experience in watercolour is preferred. Not suitable for beginners. Tutor: Alan Rawady

Mondays 1pm - 3pm
9 classes, \$274, starting Jul 21
9 classes, \$274, starting Oct 13

Introduction to Watercolour

A fun watercolour class designed for beginners or those with some experience. Learn a variety of watercolour techniques, ranging from traditional to contemporary. You will see a short demonstration and each person receives individual attention. From traditional to contemporary design, learn about colour mixing, brush technique, washes & blending. Tutor: Lisa Gribbin

Tuesdays 11.45am - 1.45pm
8 classes, \$243, starting Jul 29
9 classes, \$274, starting Oct 14

Botanical Watercolour Illustration

Learn to paint flowers, fruits and plants in magnificent watercolour, capturing colour and details realistically. Be guided each week as you create botanical works in a contemporary style. Tutor: Lisa Gribbin

Beginners Thursdays 1pm - 3pm
8 classes, \$243, starting Jul 31
10 classes, \$304, starting Oct 16

Advanced Tuesdays 9.30am-11.30am
8 classes, \$243, starting Jul 29
9 classes, \$274, starting Oct 14

iPad Art using ProCreate

Learn to create stunning images with the fantastic, easy to learn Procreate app, regarded as the world's leading app for digital art with award-winning digital artist Lisa Gribbin.

Tuesdays 2pm - 4pm
8 classes, \$243, starting Jul 29
9 classes, \$274, starting Oct 14

Chinese Brush Painting

Join award-winning Chinese Brush Painting artist Echo Wu to learn how to use ink and colour to create paintings on xuan paper. The painting techniques and processes will be clearly and methodically unfolded at a pace which matches the skill level of the student. The course is for both beginner and intermediate students. **Wednesdays**

10am - 12pm
9 classes, \$274, starting Jul 23
11 classes, \$334, starting Oct 8



Drawing Flowers Workshop

This workshop is intended for anyone who would like to reconnect with their creative self at their own pace, without a care for perfectionism. In this workshop, we'll be exploring the unique patterns and textures found in many of our native flowers*, using an earthy colour scheme. You'll leave with a greater appreciation for our native flowers along with the skills and materials to visit your local park and draw from nature—doodle style. Tutor Dina Theodoropoulos.

Sunday August 31, 10am - 1pm, \$70
Art pack to be purchased: \$35

Art for All Abilities

A warm and inclusive art class for all. Unsure of your own artistic capacity? This class is a safe space to explore a range of tools and mediums to express yourself. Start with basic skills and tools such as pencils, pastels, ink and you will be supported to break down the elements of art to create at your own pace. Tutor: Lorraine Kelly.

Fridays 10am - 12pm
8 classes, \$243, starting Aug 1
11 classes, \$334, starting Oct 10

Life Drawing

Participants can experience life-drawing in a relaxed light-filled hall with large floor easels provided. Life models are employed offering participants the ability to study and refine their drawing skills using their choice of drawing materials. Participants have the opportunity to draw from a variety of poses, with a new model each session. This allows them to practice and develop skills in different areas, such as in capturing the human form's proportions, gestures, or expressions. This class is run by a Volunteer Coordinator who is an active member of the class.

Saturdays 10am - 12pm
8 classes, \$148, starting Jul 26
10 classes, \$185, starting Oct 4

Art Therapy for Busy Women

Join Sandy, a qualified and experienced therapist, as she gently guides you through a series of creative practices designed to help you prioritise your well-being and self-care. Throughout the course, you'll have the opportunity to explore your personal values, needs, habits, and life priorities. We'll also delve into understanding emotions and developing ways to navigate and re-regulate during challenging emotional moments.

This is a relaxed, supportive space that encourages playful exploration and reflection—no art skills are required, just a willingness to try something new.

Sundays 3pm - 5pm
6 weeks, \$246, starting Aug 2

CONNECT

Connect groups are our volunteer-run social groups supporting people with like-minded interests to connect with each other. To participate in a Connect Group, you need to be a member (\$15 p.a. membership fee).

BOOKCLUBS AT ACC

Join one of our warm and inclusive bookclubs here at the Centre. Books are chosen by the participants and sourced through the library. If you are interested in joining please contact our office for more details.

Mind Readers Bookclub

Tuesdays (3rd of the month)
7.30pm - 9.30pm, \$5 per session

Novels at Night Book Group

Wednesdays (1st of the month)
7.30pm - 9.30pm, \$5 per session

Thursday Afternoon Bookclub

Thursdays (1st of the month)
2pm - 4pm, \$5 per session

Wednesday Readers Book Group

Wednesdays (4th of the month)
1.30pm - 3.30pm, \$5 per session

Chapter Chasers Bookclub

Wednesdays (3rd of the month)
7pm - 9pm, \$5 per session

Older Blokes New Ideas

A group for men aged 50+ to meet in an informal, social environment to share knowledge and experiences, guided by our facilitator, Bill.

Mondays (1st & 3rd of the month)
10am - 12pm

Drawing Flowers Connect Group

An open art studio, drop in to work on your art projects. All welcome. By art tutor Dina Theodoropoulos.

Mondays (first of the month)
4.30pm - 6.30pm, \$5 per session

Table Tennis Group

Come and join a friendly group of players in a game of social table tennis. Men and women welcome!

Mondays 2pm - 4pm, \$5 per session

Nordic Walking Group

For members who have completed Nordic Walking for Beginners, join a friendly group to stay healthy and stay connected.

Mondays 1pm - 2.30pm, FREE

Tuesdays 11.30am - 1pm, FREE
(voluntary gold coin donation)

Karaoke Group

Sing your heart out in a relaxed fun environment. Karaoke relieves stress, boosts self-esteem and confidence, while also building social connections and it's fun!

Tuesdays 10.30am - 12pm, \$5 per session

Scrabble Club

Play Scrabble in a friendly and non-competitive environment. All levels welcome and players are matched with similar standard players.

Tuesdays (2nd & 4th of the month)
2pm - 3.30pm, \$5 per session

Rummikub/Rummy Tiles

A fun, easy-to-learn game based on elements of the card game Rummy and MahJong. Each game is for 3-4 people who take turns drawing from tiles with the goal of using up all their tiles.

Tuesdays (1st & 3rd of the month)
1.45pm - 4pm, \$5 per session

Spinners and Knitters Group

Join a friendly group of friends spinning, knitting & sharing stories.

Wednesdays 1pm - 3pm (2nd & 4th of the month) \$5 per session

Walking Group

Our walking group has been exploring the streets of Ashburton for over 20 years. Join friendly, fit and welcoming people to do your hour of exercise outdoors each week. Meet at the Centre.

Wednesdays 10am, FREE
(voluntary gold coin donation)

Mah Jong Group (Western)

Sharpen your mind with this time honoured game of strategy.
Mah Jong lessons also available, contact the Centre for more details.

Wednesdays 12:30pm - 4pm,
Fridays 12:30pm - 4pm,
\$5 per session

Ashy Writers Club

Join a friendly local group of writers to connect with like-minded people and have an opportunity to write together, support each other and share works.

Wednesdays 1pm - 3pm,
\$5 per session

Like to create a Connect group?

If there is a group or activity that you would like to see at the centre that we don't have, please get in touch. We always love to hear ideas on what to add to our program.

Dungeons & Dragons

Play Dungeons and Dragons (5th Edition) with a local group with an experienced Dungeon Master.

Wednesdays 6.30pm - 9.30pm
Group 1: 1st & 3rd of the month
Group 2: 2nd & 4th of the month,

Sundays 1pm - 4pm
Group 3: 1st & 3rd of the month
Group 4: 2nd & 4th of the month,
\$5 per session

(We also run D&D classes for kids/teens).

Craft, Coffee and Chat

A friendly group of ladies who get together weekly to craft and chat over a cup of coffee. While this is an untutored group, we are always willing to show people new skills such as crochet, knitting, patchwork, sewing and cross stitch. Whatever craft you enjoy doing, bring it along.

Thursdays 10.30am - 1pm,
\$5 per session

Patchwork and Handcraft Group

Our group has experience in patchwork & hand sewing, crochet, knitting, embroidery, cross stitch and needlepoint. Open to new members. Bring your project & join our friendly group over a cup of tea.

Thursdays 1pm - 3pm, \$5 per session

Floral Art Group

A lovely group enjoying flower arranging in both traditional and contemporary ways. Participants bring their own supplies and spend a relaxing morning creating gorgeous arrangements.

Thursdays 11am - 12.30pm,
\$5 per session

Sing-a-long Singers

Singing is great for the mind, body and spirit. Proven to relieve stress and release feel-good hormones! The emphasis is on enjoyment and participation! No experience needed.

Thursdays 1.30pm - 2.30pm
\$5 per session

Acoustic Group

All welcome! Guitar, banjo, ukulele, mandolin, keyboard & singers.

Fridays (1st & 3rd of the month)
7.30pm - 9.30pm, \$5 per session

Blues Jamming Session

Guitar, keyboards, harps, kits (within reason), your voice & amps (minimal).

Fridays (2nd & 4th of the month)
7pm - 9pm, \$5 per session

Stay Active Online Pass

Keep yourself active and moving with a range of exercise, movement and dance classes. Your Stay Active online pass allows you to attend any (or all!) of the classes on every weekday.

The classes running at the Centre and will be streamed at the same time to your home. Classes include -

- Balance Back to Exercise, Mon 9.15am, Wed 9am and Thu 9.30am
- Exercise to Music, Tue & Fri 9.30am
- Keep Fit Strength & Conditioning, Tue & Fri, 10.45am

Format: Online - Livestream

Mondays to Fridays

9 weeks, \$121 starting Jul 21
11 weeks, \$149 starting Oct 6

Ageless Grace®

Ageless Grace is based on 7 years of medical research into how to slow down the ageing process of your brain and body in your senior years. It is an uplifting holistic program for wellbeing which is beneficial for stress and anxiety relief, memory retention, co-ordination, balance and promotes creativity. All 5 areas of the brain are activated - analytical, strategic, kinaesthetic learning, memory, creativity and imagination. The classes are suitable for all ages and abilities who are interested in maintaining their brain health.

Wednesdays 11am - 11.45am
12 classes, \$290 starting Jul 2
11 classes, \$266 starting Oct 8

Thursdays 9.45am - 10.30am
12 classes, \$290 starting Jul 3
11 classes, \$266 starting Oct 9

Mat Pilates

Work on your core strength to help your balance and enhance everyday movements. A fun and functional class. Tutor: Robin Kendrick.

Thursdays 10.45am - 11.45am
9 classes, \$164 starting Jul 24
11 classes, \$200 starting Oct 9

These exercise classes are run at the Centre, and live-streamed via Zoom. To attend at the Centre, please register at our office and purchase an Activity Pass - 5 class pass is \$40 (\$8 per class), 10 class pass is \$80 (\$8 per class) or pay as you go for \$10 per class. To receive the Zoom link and attend online, please purchase the term-based Stay Active Online Pass.

Balance Back to Exercise

A supportive exercise class to maintain functional fitness including balance exercises, strengthening your core, legs and upper body. This course is particularly suitable for people coming back to exercise at a later stage of life. All exercises will be adjusted to your needs and build on your existing skills. Improve your mobility and stability, flexibility and posture. But most importantly you will have fun! Tutor: Robin Kenrick.

Mondays 9.15am - 10.15am
Term 3: 9 classes starting Jul 21
Term 4: 10 classes, starting Oct 6

Wednesdays 9am - 10am
Term 3: 10 classes, starting Jul 23
Term 4: 11 classes, starting Oct 8

Thursdays 9.30am - 10.30am
Term 3: 10 classes, starting Jul 24
Term 4: 11 classes, starting Oct 9

Tai Chi

Join us for this gentle yet stimulating form of exercise. Tai Chi can help you decrease stress, anxiety and depression, improve your mood and aerobic capacity, increase your energy and stamina, improve your flexibility, balance and agility.

Tutor: Sam Au

Mondays 11.15am - 12.15pm
9 classes, starting Jul 21
10 classes, starting Oct 6

Line Dancing - Introduction

Interested in learning how to Line Dance? This 4-week course is an introduction to line dancing steps, which once completed enables you to transition to our Beginners Line Dancing course. Tutor: Marie Pietersz.

Tuesdays 1.15pm - 2pm
4 classes, \$55 starting Jul 22
4 classes, \$55 starting Aug 26
4 classes, \$55 starting Oct 7
4 classes, \$55 starting Nov 11

Exercise to Music (50+)

Improve your fitness as a qualified exercise instructor guides you through a program of gentle exercises. Body tone and exercise to music. Come and enjoy! Beginners welcome.

Tutor: Jenny Biggin

Tuesdays 9.30am - 10.30am
Term 3: 9 classes, starting Jul 22
Term 4: 10 classes, starting Oct 7

Fridays 9.30am - 10.30am
Term 3: 9 classes, starting Jul 25
Term 4: 11 classes, starting Oct 10

Keep Fit (Strength & Conditioning)

Have fun and keep fit as a qualified instructor guides you through weights, stretching, cardio fitness and strengthening exercises.

Tutor: Jenny Biggin

Tuesdays 10.45am - 11.45am
Term 3: 9 classes, starting Jul 22
Term 4: 10 classes, starting Oct 7

Fridays 10.45am - 11.45am
Term 3: 9 classes, starting Jul 25
Term 4: 11 classes, starting Oct 10

Line Dancing (all levels)

A line dancing class for those experienced line dancers who would like to practice their line dancing skills. This class is a fun way to keep active. Have loads of fun while exercising your body & mind. Tutor: Marie Pietersz.

Tuesdays 2pm - 3pm
9 classes, \$124 starting Jul 22
10 classes, \$138 starting Oct 7

MOVE cont.

Yoga - Hatha Continuing

Integral Yoga for health and wellbeing. A gentle yoga suitable for all ages. Asanas, pranayama and relaxation. Tutor: Mary Thow.

Mondays 9.30am - 10.30am
9 classes, \$164 starting Jul 21
10 classes, \$182 starting Oct 6

Tuesdays 9.30am - 10.30am
9 classes, \$164 starting Jul 22
10 classes, \$182 starting Oct 7

*Also available online (livestream)
as part of our Yoga Online Pass*

NEW! Yoga-Pilates

A mat-based movement class to help you feel strong, steady and at ease in your body. Combining the core-strengthening, posture-enhancing benefits of Pilates with the mindful, grounding qualities of yoga, each session offers a slow, breath-led flow that improves flexibility, balance and whole-body tone. Tutor: Megan Edwards

Tuesdays 10.45am - 11.45am
9 classes, \$164 starting Jul 22
10 classes, \$182 starting Oct 7

Outer Strength, Inner Calm - Yoga for Men

Just for the guys, build strength, mobility and balance through yoga, and keep up with life! Each class includes a simple sequence of movements and stretches, suitable for all levels. You'll find more ease in everyday activities, like kicking the footy with your kids or grandkids or a Sunday bike ride!

Tutor: Megan Edwards

Tuesdays 12pm - 1pm
9 classes, \$164 starting Jul 22
10 classes, \$182 starting Oct 7

*Also available online (livestream)
as part of our Yoga Online Pass*

Yoga for All

Ideal for newcomers to yoga or those who would like to reap the benefits of yoga in a small inclusive setting. All levels welcome.

Wednesdays 9.30am - 10.30am
(with Catherine)
9 classes, \$164 starting Jul 23
11 classes, \$200 starting Oct 8

Fridays 9.30am - 10.30am
(with Laura)
9 classes, \$164 starting Jul 27
11 classes, \$200 starting Oct 10

*Also available online (livestream)
as part of our Yoga Online Pass*

Yoga Online Pass

Our Yoga Online Pass allows you to attend any (or all) of the yoga classes on every weekday. Classes run at the Centre and are streamed at the same time to your home. Classes include -

- Yoga Hatha Continuing Mon & Tue, 9.30am
- Outer Strength, Inner Calm - Yoga for Men, Tue 12pm
- Yoga for All, Wed & Fri 9.30am
- Yoga Stretch & Strengthen, Thu 10am
- Yin Yoga, Fri 10.45am

Format: Online - Livestream

Mondays to Fridays

9 weeks, \$175 starting Jul 21
11 weeks, \$215 starting Oct 6

Yoga - Stretch & Strengthen

Join qualified yoga instructor Liz in a gentle exercise class designed for beginners. Set to soothing music, the class draws from both yoga and Pilates, with a key emphasis on gently stretching all parts of the body to increase flexibility.

Thursdays 10am - 11am
9 classes, \$164 starting Jul 24
9 classes, \$164 starting Oct 9

*Also available online (livestream)
as part of our Yoga Online Pass*

Yoga - Yin

Yin is a mostly floor based practice designed to nourish the joints and create space in your body and mind. This style is a more passive practice of yoga. The poses are held for longer as we let gravity do the work as you allow for the softening of muscle and release of fascia to elongate and hydrate throughout the body. Tutor: Laura Goldstraw from Zalaheart. Open to all levels.

Fridays 10.45am - 11.45am
9 classes, \$164 starting Jul 25
11 classes, \$200 starting Oct 10

*Also available online (livestream)
as part of our Yoga Online Pass*

Your Healthy Spine

Are your back, neck or shoulders tired and aching? Enhance your life and feel well again through mindful movements with a qualified instructor. The class focuses on awareness through movement as you learn how to move more freely and flexibly. If you would like to join this class, please contact the office so our instructor, can contact you personally to discuss your individual requirements and ensure the class will meet your needs.

Wednesdays 12pm - 1.30pm
9 classes, \$184 starting Jul 23
11 classes, \$225 starting Oct 8



Nordic Walking for Beginners

Nordic Walking can be performed by anyone, anywhere, at any time, is affordable and most importantly lots of fun! Join our accredited Nordic Walking instructors in learning the easy techniques and exploring the many beautiful local parks, ovals and trails all accessible around Ashburton.

Tutor: Ulla Jones

Perfect if you want to focus on form and technique at a leisurely pace.

Tuesdays 10.30am - 12pm
6 classes \$145 starting Aug 12
6 classes \$145 starting Oct 14

Tutor: Sam Au

For those who would like a more energetic class at a good pace.

Mondays 9.30am - 11am
6 classes \$145 starting Jul 28
6 classes \$145 starting Nov 10

*Please also take a look at our
Connect Nordic Walking Groups to
join once you have completed the
Nordic Walking for Beginners class.*

Languages

French for Beginners and Travellers (Level 2)

"Bonjour!" Do you want to learn French and/or travel to France? Come and discover the basics, how to communicate, order from a French menu and more. This course is ideal for beginners who have a smattering of French and are looking to refresh and improve their conversation. All teaching materials supplied by the teacher. Tutor: Isabelle Martin.

Mondays 9.30am - 11.30am
9 classes, \$274 starting Jul 21
8 classes, \$243 starting Oct 13

French Intermediate Conversation

You've known some French for a while, your grammar and vocabulary are good, so now it is time for communication and conversation! Come and talk, discover cultural themes, revise on structures but mainly improve your conversation skills in this Intermediate French class. Tutor: Isabelle Martin.

Fridays 1.30pm - 3.30pm
9 classes, \$274 starting Jul 25
10 classes, \$304 starting Oct 10

French Advanced Conversation

"Comment ça va?" Do you already have a knowledge of French? Would you like to improve your understanding and conversation skills? Let's do it together! Work on your vocabulary and grammar in group activities, while also learning about the culture and habits of French people. All teaching materials supplied. Tutor: Isabelle Martin.

Fridays 11am - 1pm
9 classes, \$274 starting Jul 25
10 classes, \$304 starting Oct 10

Italian Intermediate

Learn Italian in a fun and interactive way. Expand on your current understanding in a supportive and friendly online environment. Tutor: Martine Bourbon

Format: Dedicated Online Class

Mondays 1pm - 2.30pm
6 classes, \$145 starting Jul 21
10 classes, \$242 starting Oct 6

Music



Ukulele

Ukulele is such a fun and social way to play music. Classes will be structured with a welcome and a warm up on songs from previous classes, a new song or two with instructions on techniques and difficulties, a chance to ask questions at various points through the class, and a final song.

Beginners

Mondays 2pm - 3pm
9 classes, \$164 starting Jul 21
9 classes, \$164 starting Oct 6

Intermediate

Wednesdays 3.30pm - 4.30pm
9 classes, \$164 starting Jul 23
9 classes, \$164 starting Oct 8

Advanced

Wednesdays 2pm - 3pm
9 classes, \$164 starting Jul 23
9 classes, \$164 starting Oct 8

General Interest

Cryptic Crosswords (Online)

Do you avoid cryptic crosswords because they are too hard? Learn from Barbara how these puzzles work for some fantastic mental exercise!

Format: Online Dedicated Class

Mondays 10.30am - 11.30am
9 classes, \$45, starting Jul 21
10 classes, \$50, starting Oct 6

Mondays 2.30pm - 3.30pm
8 classes, \$40, starting Jul 21
10 classes, \$50, starting Oct 6

Mah Jong (Western) lessons

Sharpen your mind with this time honoured game of strategy. Learn the rules and expand the hand you play (Western only).

Wednesdays 1pm - 3pm
4 classes, \$84 start date TBC.
Please contact the Centre to register your interest.

Arts & Literature

Your Life Stories - A Writer's Group

Are you writing your life story or family history or would like to begin but don't know how? This course is for anyone wanting to be inspired and supported to write their life stories. This course will help provide you with focus for your research and writing; a weekly deadline for getting your words down on paper; and ideas and feedback on where you can take it next. It also provides a great way to connect with others who are dedicated to preserving their experiences.

Thursdays 1.30pm - 3pm
8 classes, \$194 starting Jul 31
11 classes, \$266 starting Oct 9

For the Love of Literature

Part bookgroup, part literature class. A literary background is not needed, nor do participants need to read the whole book beforehand. Tutor led discussion. An opportunity to join other book lovers, to examine and discuss fascinating works of literature. Tutor: Barbara Boxhall

Tuesdays 1pm - 3pm
6 classes, \$145 starting Oct 7
6 classes, \$145 starting Aug 12

ROOM HIRE

Affordable spaces for hire at a welcoming, modern venue.

The Ashburton Community Centre rooms are available to hire for community, not-for-profit and commercial use. Our rooms are suitable for a variety of functions, including meetings, classes, general interest gatherings and workshops.

The rooms are purpose built and have a variety of high-quality features including digital TVs and laptop connectivity, air conditioning/heating, and ample light.

More information, photos and room hire rates can be found on our website www.ashburtoncc.org.au/room-hire, or you can visit reception during our opening hours of 9am - 2pm weekdays.

TECH SAVVY /

Free classes and one-on-one support for seniors with our volunteer Digital Mentors

Get Connected Using a Computer

Do you find the demands today for using technology a challenge?

If you would like to improve your skills and confidence in using your computer this course is for you. This course has been designed by our digital mentors to respond to the needs of individuals in the class.

Each week a different topic on how to make the most using your Computer is selected. In language that is easily understood and using step-by-step guides, these sessions will show you the basic information about how technology works, with participants being encouraged to bring along their own queries for discussion. You will also be shown how to use the fabulous BeConnected resources to further your learning.

Digital Mentors: Lynn Norman and Peter Aarons

Tuesdays 10am - 11.30am

Tuesdays 10am - 11.30am

9 classes, FREE*, starting Jul 22

8 classes, FREE*, starting Oct 7



Click Smart: Cyber Security For Seniors - 4 week Course

Keeping seniors stay safe online.

What participants will learn:

- How to stay safe online
- How to recognise scams on their phone and other digital devices
- How to access online resources that are available for ongoing support and how to use them.

In-depth 4-week course. Includes refreshments.

All you need is one digital device (e.g. your smartphone, iPad, tablet, laptop or computer) and Ashburton Community Centre Membership.

Digital Mentor: Lynn Norman

Mondays 1.30pm - 2.30pm

4 classes, FREE*, starting Jul 21

4 classes, FREE*, starting Aug 25

Tech Help Desk

Have all your technology related questions answered in a relaxed one-on-one setting with one of our patient and relaxed Digital Mentors. Whether it is regarding your phone, laptop or tablet our tech help desk can help you.

These sessions are run in-Centre, however you are welcome to book a phone appointment if you prefer. These FREE* sessions can be booked on a half-hourly basis. You can book a maximum of 2 sessions per week.

Tuesday 9.15am - 9.45am (with Peter)

Tuesday 12.30pm - 2pm (with Lynn)

Wednesday 10.30am - 12pm (Lynn)

Thursday 11.30am - 12.30pm (Sandar)

Friday 9am - 10.30am (Peter)

Tech Help Desk available during school terms only. Please call the office to organise your appointment time on 9885 7952.

Please bring the device that you want to talk about with you. Please bring any pass-codes that you have for any IT-related accounts.

FILM NIGHT



Global Film Night - Film and Discussion

Join us each month for a world movie in a welcoming environment and enjoy a casual conversation about the film and its themes.

Wednesdays 7pm - 9.30pm
(1st of the month)

A free event with tea, coffee and biscuits. Please visit our website to view the list of films for the year.

Jul 2 **Ablaze** (2021, Australia)

Aug 6 **Wozzeck: Wozzeck**
(1947, German)

Sep 3 **When Pomegranates Howl**
(2020, Afghanistan)

Oct 1 **Sometimes Always Never**
(2020, UK)

Nov 5 **Così** (1996, Australia)

Dec 3 **Perfect Days** (2023, Japan)

FOR KIDS & TEENS

Dungeons and Dragons

Learn to play Dungeons & Dragons, a fantasy table top role-playing game. Create a character and go on fantastical adventures with your team to solve dilemmas, engage in battles, explore, gather treasure and knowledge. Lead by an expert Dungeon Master who is experienced in running D&D groups and also working with a diverse range of young people. Sessions will use designed/tailored age-appropriate adventures, beginners welcome!



Kids (9 - 12yrs):

Mondays 4.30pm - 6.30pm

6 classes \$180, starting Feb 17

7 classes \$210, starting Apr 28



Youth/Teens (13 - 17 yrs):

Thursdays 4.15pm - 6.45pm

8 classes \$250, starting Jan 30

8 classes \$280, starting Apr 24

Thursdays 7pm - 9.30pm

8 classes \$250, starting Jan 30

8 classes \$280, starting Apr 24

NEW! Mondays 7pm - 9.30pm

7 classes \$245, starting Apr 28

See our Connect groups for Dungeons & Dragons adults.

ROOM HIRERS

Here at the Centre we have a range of programs offered by room hirers. Please contact the organisations directly to find out more.



Spanish Language Course for Children & Teens by Maria Spanish School

Spanish for children from 5 to 12 years old and 13 to 17 years.

Contact Maria for cost and session details. To book: call 0420 468 820 or email spanishteacher.au@gmail.com. Find out more at: www.mariaspanishschool.com.au



Kids Public Speaking & Drama by Super Speak

Super Speak is Melbourne's award winning public speaking and drama program for kids. Your child can learn to communicate with confidence, purpose & skill whilst having fun!

Contact Super Speak directly to enrol in their classes run at the Centre on Tuesday evenings. For details, visit www.superspeak.com.au.



Wing Chun Kung Fu Classes by Wing Chun Melbourne

Discover traditional Ip Man Wing Chun in Melbourne! Join our friendly, safe classes and experience practical & direct self-defence techniques, sticking hands, footwork training, and much more. Start your journey and discover Wing Chun today!

Thursdays 7pm to 8:30pm
Cost: \$25.50 (as a 10 pass), \$34 for non-members. To find out more, visit wingchunmelbourne.com.au

Creative Art Programs by Jas Inclusive Studios



Our all-inclusive creative arts programs are designed for young adults aged 18 to 30 with a disability - IQ range of 50 to 75. Participants are taught according to their individual learning style through Physical movement, Dancing, Media/ Photography, Drama, Visual arts, Costume design/Costume making, Book design/publishing and end of term excursions.

For all enquiries and bookings: www.jasinclusivestudios.com



Life Long Learning Ashburton by Hawthorn Community House

For older people who are keen to learn, share stories and make new friends. Program includes armchair travels to faraway places, interesting presentations and much more.

Fridays (fortnightly) 1.30pm-3.30pm
Cost: \$70 or \$20 per term with a My Aged Care referral (4 sessions)

To book phone 9819 5758 or to find out more visit www.hch.org.au



If you are interesting in running a program or activity at our Centre, please get in contact, we'd love to hear from you!

COMMUNITY SERVICES



Justice of the Peace Service

Walk in appointments only, no bookings required.

Mondays 1:30pm - 3pm

Mondays 6.30pm - 8pm*

Tuesdays 10.30am - 12pm

Thursdays 6.30pm - 8pm*

*enter via Highgate Grove

The Chatty Cafe at ACC

Brighten your day by dropping in for a cup of tea or coffee and a sweet treat at our chatty table. Join us every **Thursday** from 1.30pm to 2.30pm.



The Ashy Eco Hub

Located in the foyer, our Eco Hub is run by volunteers and brings together our sustainability initiatives including our community bookshelf, our Green Deck project, our container deposit donation point and it serves as a recycling collection point for a range of items. We currently collect the following items for recycling: plastic bread tags, batteries, glasses & hearing aids, wire coat hangers, eWaste (small items only), empty skincare & make-up packaging, corks, printer & ink cartridges.



We are also a container deposit donation point. You will find our donation bins at the front of our Centre. Your donations support the Ashburton Community Centre and Scouts Victoria.



ASHBURTON
COMMUNITY
CENTRE

160 High Street, Ashburton 3147
Office Hours: 9am to 2pm weekdays
Ph 9885 7952 **Email** office@ashburtoncc.org.au
Facebook & Instagram @ashburtoncc
www.ashburtoncc.org.au



Neighbourhood Houses
Boroondara

