

Transition Timetable: Friday June 11 to Thursday June 17, 2021

- Classes and activities back at the Centre have a limit of 10 per space/room.
- No movement/exercise classes will be run at the Centre.
- Masks are mandatory while at the Centre (and currently outdoors)
- QR Check-in must be completed on arrival
- Social distancing of 1.5m must be maintained

Friday June 11

Time	Class	At Centre	Online
9.30am	Exercise to Music	✗	✓
10am	Art for All Abilities	✓	
10.15am	Yoga for All	✗	✓
10.30am	Tech Helpdesk	✗	✗
10.45am	Keep Fit Strength and Conditioning	✗	✓
11am	French Advanced Conversation	✓	
12.30pm	Mahjong Group (over 2-3 rooms)	✓	
8pm	Blues Music Jamming Group	TBC	

Saturday June 12

Time	Class	At Centre	Online
10am	BeConnected Beginners	✓	
10am	Tech Help Desk	✓	
10am	Life Drawing	✓	

Sunday June 13

No classes or activities scheduled

Monday June 14

*Queen's Birthday Public Holiday, office is closed. **Only selected classes running:***

Time	Class	At Centre	Online
10am	Nordic Walking for Beginners (outdoors)	✓	
10.30am	Cryptic Crosswords (online)		✓
1pm	Advanced Watercolour		✓
1pm	Italian Intermediate		✓
2.30pm	Cryptic Crosswords (online)		✓

Tuesday June 15

Time	Class	At Centre	Online
9.30am	Yoga Hatha Continuing	✗	✗
9.30am	Yoga (with Karyn)		✓
9.30am	Exercise to Music	✗	✓
9.30am	Botanical Watercolour Illustration	✓	✓
10am	BeConnected - Beginners	✓	
10.45am	Keep Fit (Strength & Conditioning)	✗	✓
11.30am	Nordic Walking for Beginners (outdoors)	✓	
11.45am	iPad Art using Procreate	✓	✓
12.30pm	Tech Helpdesk	✓	
1pm	Watercolour Painting & Mixed Media	✓	
1pm	Bobbin Lace	✓	

Wednesday June 16

Time	Class	At Centre	Online
9.30am	Yoga and Pilates	✗	✓
9.30am	Balance Back to Exercise	✗	✓
10am	Chinese Brush Painting	✓	
10am	Walking Group (outdoors)	TBC	
10.45am	Raja Yoga	✗	✓
12pm	Your Healthy Spine	✗	✗
2pm	Ukulele (Intermediate/Advanced)	✓	✓
3pm	Ukulele (Beginners)	✓	✓

Thursday June 17

Time	Class	At Centre	Online
9am	Fit For You	✗	✓
9.30am	Slow Flow Yoga	✗	✓
9.45am	Mini Groovers	TBC	
10am	Ageless Grace	✗	TBC
10.30am	Mat Pilates	✗	✓
10.45am	Yin Yoga	✗	✓
11am	Floral Art Group	TBC	
11am	Craft, Coffee & Chat	TBC	
1pm	Patchwork & Quilting Group	✓	
7.30pm	Your Healthy Spine	✗	✗

Friday June 18 onwards *To be advised once the level of restrictions is confirmed.*